



**KING'S PARK
ACADEMY**

High Expectations Lead to High Achievers

7 September 2020

Dear Parents/Carers

Does my child have a cold or is it COVID?

Unfortunately, as the seasons begin to change, we will see the return of the normal seasonal viruses such as colds and coughs, but we must ensure we continue to be vigilant and not undo all the hard work we have done to try and minimise the impact.

Below are the symptoms of a cold and the symptoms of COVID. The biggest difference is that children suffering with a cold will not usually have a temperature. If your child has a temperature, they must remain away from the setting and be tested. If you are administering paracetamol to help manage the symptoms of the cold, please be mindful that it may be masking an underlying temperature.

With schools returning and many of you returning to work, it is likely that the local infection rate will increase as more people begin to mix. As an academy we will not allow any child with a high temperature to attend and you will be asked to have your child tested before they will be allowed to return to school.

Symptom	COVID-19	Common Cold
Fatigue	None to severe	Slight
Fever	Moderate to high	No
Chills, shaking	Possible	No
Aching muscles, joints	Unlikely	No
Runny, stuffy nose	Possible	Yes
Facial pain, headache	Yes	Yes
Sore throat	Possible	Yes
Cough	Severe, persistent	Yes
Nausea, vomiting, diarrhoea	Likely in children	No
Loss of taste or smell	Often	Possible
Neck stiffness	No	No
Shortness of breath	Severe	No
Wheezing	Unusual	No

Please follow the link below to the NHS website for more information:

<https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/coronavirus-in-children/>

Thank you all for your continued support

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